

# Workload Study Fall 2017



## Introduction

Thank you for your participation in the time study. The information you provide is critical in helping Harvey Mudd College establish workload estimates that we can use to inform policies and practices and improve our culture. We are interested in your perceptions of your workload, so keep in mind, *there is no wrong answer*.

Your participation in this study is strictly voluntary, and you may choose not to answer any specific question you do not want to answer and still participate in the study. Results from this survey will be reported in the aggregate and no results that have the potential to identify individuals will be shared. Anyone with access to information generated by this study will maintain its confidentiality to the extent permitted and required by laws and college policies.

If you have any questions about the time study, including questions, concerns, complaints, please visit the **FAQ** or contact Laura Palucki Blake, Director of Institutional Research, at [REDACTED] or [REDACTED].

1. How many hours, outside of class or lab time, did you spend on each of your courses this past week?

W (24)	N/A (23)	0 (0)	1 (1)	2 (2)	3 (3)	4 (4)	5 (5)	6 (6)	7 (7)	8 (8)	9 (9)	10 (10)	11 (11)	12 (12)	13 (13)	14 (14)	15 (15)	16 (16)	17 (17)	18 (18)	19 (19)	20 (20)	21+ (21)
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course1 Is Not Empty

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course2 Is Not Empty

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course3 Is Not Empty

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course4 Is Not Empty

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course6 Is Not Empty

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course7 Is Not Empty

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course8 Is Not Empty

\$(e://Field/course8 }

course9 Is Not Empty

\$(e://Field/course9 }

2. I had enough time to adequately complete the required work for each of my courses this past week.

	Yes	No
<i>course1 Is Not Empty</i> \${e://Field/course1}	<input type="radio"/>	<input type="radio"/>
<i>course2 Is Not Empty</i> \${e://Field/course2}	<input type="radio"/>	<input type="radio"/>
<i>course3 Is Not Empty</i> \${e://Field/course3}	<input type="radio"/>	<input type="radio"/>
<i>course4 Is Not Empty</i> \${e://Field/course4}	<input type="radio"/>	<input type="radio"/>
<i>course5 Is Not Empty</i> \${e://Field/course5}	<input type="radio"/>	<input type="radio"/>
<i>course6 Is Not Empty</i> \${e://Field/course6}	<input type="radio"/>	<input type="radio"/>
<i>course7 Is Not Empty</i> \${e://Field/course7}	<input type="radio"/>	<input type="radio"/>
<i>course8 Is Not Empty</i> \${e://Field/course8}	<input type="radio"/>	<input type="radio"/>
<i>course9 Is Not Empty</i> \${e://Field/course9}	<input type="radio"/>	<input type="radio"/>

3. I had the resources and support (e.g., office hours, tutoring, AE) to adequately complete the required work for each of my courses this past week.

	Yes	No
<i>course1 Is Not Empty</i> \${e://Field/course1}	<input type="radio"/>	<input type="radio"/>
<i>course2 Is Not Empty</i> \${e://Field/course2}	<input type="radio"/>	<input type="radio"/>
<i>course3 Is Not Empty</i> \${e://Field/course3}	<input type="radio"/>	<input type="radio"/>
<i>course4 Is Not Empty</i> \${e://Field/course4}	<input type="radio"/>	<input type="radio"/>
<i>course5 Is Not Empty</i> \${e://Field/course5}	<input type="radio"/>	<input type="radio"/>
<i>course6 Is Not Empty</i> \${e://Field/course6}	<input type="radio"/>	<input type="radio"/>
<i>course7 Is Not Empty</i> \${e://Field/course7}	<input type="radio"/>	<input type="radio"/>
<i>course8 Is Not Empty</i> \${e://Field/course8}	<input type="radio"/>	<input type="radio"/>
<i>course9 Is Not Empty</i> \${e://Field/course9}	<input type="radio"/>	<input type="radio"/>

4. I feel satisfied with my performance in each of my courses this past week.

	Yes	No
<i>course1 Is Not Empty</i> \${e://Field/course1}	<input type="radio"/>	<input type="radio"/>
<i>course2 Is Not Empty</i> \${e://Field/course2}	<input type="radio"/>	<input type="radio"/>
<i>course3 Is Not Empty</i> \${e://Field/course3}	<input type="radio"/>	<input type="radio"/>
<i>course4 Is Not Empty</i> \${e://Field/course4}	<input type="radio"/>	<input type="radio"/>
<i>course5 Is Not Empty</i> \${e://Field/course5}	<input type="radio"/>	<input type="radio"/>
<i>course6 Is Not Empty</i> \${e://Field/course6}	<input type="radio"/>	<input type="radio"/>
<i>course7 Is Not Empty</i> \${e://Field/course7}	<input type="radio"/>	<input type="radio"/>
<i>course8 Is Not Empty</i> \${e://Field/course8}	<input type="radio"/>	<input type="radio"/>
<i>course9 Is Not Empty</i> \${e://Field/course9}	<input type="radio"/>	<input type="radio"/>

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5 This past week, did you explore topics more in depth on your own, even though it was not required for class?

	Yes	No
<i>course1 Is Not Empty</i> \${e://Field/course1}	<input type="radio"/>	<input type="radio"/>
<i>course2 Is Not Empty</i> \${e://Field/course2}	<input type="radio"/>	<input type="radio"/>
<i>course3 Is Not Empty</i> \${e://Field/course3}	<input type="radio"/>	<input type="radio"/>
<i>course4 Is Not Empty</i> \${e://Field/course4}	<input type="radio"/>	<input type="radio"/>
<i>course5 Is Not Empty</i> \${e://Field/course5}	<input type="radio"/>	<input type="radio"/>
<i>course6 Is Not Empty</i> \${e://Field/course6}	<input type="radio"/>	<input type="radio"/>
<i>course7 Is Not Empty</i> \${e://Field/course7}	<input type="radio"/>	<input type="radio"/>
<i>course8 Is Not Empty</i> \${e://Field/course8}	<input type="radio"/>	<input type="radio"/>
<i>course9 Is Not Empty</i> \${e://Field/course9}	<input type="radio"/>	<input type="radio"/>

6. I had enough time this past week for:  
 (these categories may overlap in your life)

	Yes	No	Not a relevant concern
<b>Sleep</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Social and Extracurricular Activities</b> (activities that help you establish connection and a sense of belonging, e.g., participating in clubs and groups, engaging with friends, family)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Relaxation and Recreation Activities</b> (creative and stimulating activities that are not related to class, e.g., watching TV, reading for pleasure, playing in instrument, crafts)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Physical Wellness</b> (engaging in behaviors that promote health and address personal hygiene e.g., exercising, eating well, haircuts, showering)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. I had enough time this past week for:  
(these categories may overlap in your life)

	Yes	No	Not a relevant concern
<b>Emotional Wellness</b> (activities that help you cope with challenges, e.g., visiting therapist, checking in with family or friends)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Self-Reflection</b> (activities that help you establish a set of guiding principles for life, e.g., meditation or religious expression)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Multicultural Wellness</b> (activities that connect you to your own cultural background <b>or</b> help you become knowledgeable about the culture of others e.g., attending a diversity lecture or event, active membership in a club)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Career Planning</b> (activities that help you prepare for your future, e.g., talking to a professor about career or grad school options, visiting career planning, writing a resume or cover letter, researching internships or REUs)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



8. Please use this space to comment on your workload this week.  
(e.g., description of work, snapshot of schedule, to-do lists, etc.)

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